

Prueba 20
08/06/2024 - 17:00

Masc., 400m Libre

12 - 51 años
Resultados

Clasificación	AN	Tiempo	PUNTOS	100m	200m	300m	400m
1. LEDESMA ALVARO, Aaron 06	C. Valenciano	4:23.51	19,00	1:02.09	1:06.16	1:08.01	1:07.23
50m: 29.85 29.85	150m: 1:34.70 32.61	250m: 2:42.07 33.82	350m: 3:50.42 34.14				
100m: 1:02.09 32.24	200m: 2:08.25 33.55	300m: 3:16.28 34.21	400m: 4:23.51 33.09				
2. FONTANA CENTELLES, M. 03	C.N. Delfin	4:26.35	16,00	1:03.23	1:08.65	1:06.71	1:07.74
50m: 30.52 30.52	150m: 1:37.37 34.14	250m: 2:45.25 33.37	350m: 3:52.72 34.11				
100m: 1:03.23 32.71	200m: 2:11.88 34.51	300m: 3:18.61 33.36	400m: 4:26.35 33.63				
3. COLL PAREDES, Enrique 06	C.N. Delfin	4:26.89	14,00	1:03.62	1:08.73	1:08.51	1:06.02
50m: 30.21 30.21	150m: 1:37.78 34.16	250m: 2:46.73 34.38	350m: 3:54.92 34.05				
100m: 1:03.62 33.41	200m: 2:12.35 34.57	300m: 3:20.87 34.14	400m: 4:26.89 31.97				
4. NAVARRO MERENCIANO, 08	C.N.A. Morvedre	4:30.44	13,00	1:04.31	1:08.90	1:09.21	1:07.94
50m: 30.55 30.55	150m: 1:38.61 34.30	250m: 2:47.84 34.63	350m: 3:57.57 35.07				
100m: 1:04.31 33.76	200m: 2:13.21 34.60	300m: 3:22.50 34.66	400m: 4:30.44 32.87				
5. RUIZ SALAS, Adrian 07	00559 - C.M.N. Arganda	4:31.96	12,00	1:05.95	1:09.75	1:09.41	1:06.79
50m: 30.88 30.88	150m: 1:40.82 34.87	250m: 2:50.36 34.66	350m: 3:59.18 34.01				
100m: 1:05.95 35.07	200m: 2:15.70 34.88	300m: 3:25.17 34.81	400m: 4:31.96 32.78				
6. CASTELLANO GARCÍA, J. 09	C.N. Delfin	4:32.17	11,00	1:06.51	1:09.44	1:09.91	1:06.23
50m: 30.95 30.95	150m: 1:41.17 34.66	250m: 2:50.66 34.71	350m: 3:59.82 33.88				
100m: 1:06.51 35.56	200m: 2:15.95 34.78	300m: 3:25.94 35.28	400m: 4:32.17 32.35				
7. ALGARRA DEL CASTILLO, 07	C.N. Cuenca	4:32.19	10,00	1:05.39	1:10.63	1:09.31	1:06.79
50m: 31.05 31.05	150m: 1:40.71 35.32	250m: 2:50.24 34.22	350m: 3:59.71 34.31				
100m: 1:05.39 34.34	200m: 2:16.02 35.31	300m: 3:25.40 35.16	400m: 4:32.19 32.48				
8. MENDEZ SALVADOR, C. 10	C.N.A. Morvedre	4:39.59	9,00	1:08.51	1:10.55	1:11.01	1:09.45
50m: 33.34 33.34	150m: 1:44.05 35.54	250m: 2:54.33 35.27	350m: 4:05.33 35.19				
100m: 1:08.51 35.17	200m: 2:19.06 35.01	300m: 3:30.14 35.81	400m: 4:39.59 34.26				
9. GARCIA DAVALOS, Manuel 10	C.N. San Vicente	4:39.76	8,00	1:06.55	1:11.70	1:11.81	1:09.63
50m: 31.60 31.60	150m: 1:42.19 35.64	250m: 2:54.03 35.78	350m: 4:06.07 35.94				
100m: 1:06.55 34.95	200m: 2:18.25 36.06	300m: 3:30.13 36.10	400m: 4:39.76 33.69				
10. GONZALEZ SERRANO, M. 08	P1202 - C.D. Gredos San Die	4:40.75	7,00	1:05.09	1:10.93	1:11.61	1:13.08
50m: 30.83 30.83	150m: 1:40.26 35.17	250m: 2:51.05 35.03	350m: 4:04.65 36.98				
100m: 1:05.09 34.26	200m: 2:16.02 35.76	300m: 3:27.67 36.62	400m: 4:40.75 36.10				
11. ADELL GIRONA, Juan 08	Cst-Cst Costa Azahar	4:43.50	6,00	1:06.37	1:11.87	1:14.01	1:11.26
50m: 31.51 31.51	150m: 1:42.10 35.73	250m: 2:55.32 37.08	350m: 4:08.55 36.31				
100m: 1:06.37 34.86	200m: 2:18.24 36.14	300m: 3:32.24 36.92	400m: 4:43.50 34.95				
12. AGOST CABEDO, Saul 08	Cst-Cst Costa Azahar	4:44.96	5,00	1:08.12	1:12.72	1:13.41	1:10.63
50m: 32.20 32.20	150m: 1:44.88 36.76	250m: 2:57.90 37.06	350m: 4:11.28 36.95				
100m: 1:08.12 35.92	200m: 2:20.84 35.96	300m: 3:34.33 36.43	400m: 4:44.96 33.68				
13. HERNANDEZ RAMIREZ, S. 06	C.N. Valencia Masters Sedav	4:49.03	4,00	1:07.06	1:14.38	1:14.91	1:12.62
50m: 31.44 31.44	150m: 1:44.31 37.25	250m: 2:58.05 36.61	350m: 4:11.99 35.58				
100m: 1:07.06 35.62	200m: 2:21.44 37.13	300m: 3:36.41 38.36	400m: 4:49.03 37.04				
14. HARILLO LAOSA, Adrian 09	C. Valenciano	4:52.04	3,00	1:08.89	1:14.52	1:15.11	1:13.50
50m: 32.38 32.38	150m: 1:45.89 37.00	250m: 3:00.85 37.44	350m: 4:15.24 36.70				
100m: 1:08.89 36.51	200m: 2:23.41 37.52	300m: 3:38.54 37.69	400m: 4:52.04 36.80				
15. ORTIZ GONZALEZ, Fabio 09	C.N. Delfin	4:53.25	-	1:08.43	1:15.52	1:15.71	1:13.60
50m: 32.24 32.24	150m: 1:46.16 37.73	250m: 3:02.40 38.45	350m: 4:17.37 37.72				
100m: 1:08.43 36.19	200m: 2:23.95 37.79	300m: 3:39.65 37.25	400m: 4:53.25 35.88				
16. ALONSO MARTÍNEZ, Cesar 11	C.N. Delfin	5:03.78	-	1:10.21	1:18.76	1:19.51	1:15.29
50m: 33.14 33.14	150m: 1:49.29 39.08	250m: 3:09.20 40.23	350m: 4:27.87 39.38				
100m: 1:10.21 37.07	200m: 2:28.97 39.68	300m: 3:48.49 39.29	400m: 5:03.78 35.91				
17. BARO HERRANZ, Hugo 09	01318 - C.D.E. Malvar	5:16.39	2,00	1:10.77	1:20.58	1:23.61	1:21.43
50m: 32.72 32.72	150m: 1:50.67 39.90	250m: 3:13.01 41.66	350m: 4:36.10 41.14				
100m: 1:10.77 38.05	200m: 2:31.35 40.68	300m: 3:54.96 41.95	400m: 5:16.39 40.29				

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Clasificación	AN					Tiempo	PUNTOS		100m	200m	300m	400m
18.	SAN MIGUEL DARIJO, José	09	C.N. Delfin			5:21.50	-		1:17.23	1:22.09	1:22.11	2:20.03
	50m:	37.15	37.15	150m:	1:57.89	40.66	250m:	3:20.45	41.13	350m:	4:41.98	40.51
	100m:	1:17.23	40.08	200m:	2:39.32	41.43	300m:	4:01.47	41.02	400m:	5:21.50	39.52
Baja	AFLOROAE BULGAK, N.	07	01350 - C.N. Ciudad De Alcorcon			-						
Baja	ALBERT VICENTE, Rafael	08	C.N. Delfin			-						